

2024 Speedo Canadian Swimming Open / Omnimium Canadien de Natation Speedo 2024
Toronto, Ontario; 10-13 April/Avril

Event 19
12/4/24 - 18:16

Women, 400m Freestyle

Open
Results Finals

Points: FINA 2024

Rank	YB			Time				FinaPts	Score
Final A									
1.	JANSEN, Ella			05	HPCONT		4:11.54	819	50.00
	50m:	28.83	28.83	150m:	1:31.53	31.54	250m:	2:35.17	31.76
	100m:	59.99	31.16	200m:	2:03.41	31.88	300m:	3:07.06	31.89
							350m:	3:39.18	32.12
							400m:	4:11.54	32.36
2.	ZAVAROS, Mabel			00	MAC		4:15.25	784	30.00
	50m:	29.35	29.35	150m:	1:33.11	32.19	250m:	2:38.34	32.61
	100m:	1:00.92	31.57	200m:	2:05.73	32.62	300m:	3:11.26	32.92
							350m:	3:43.75	32.49
							400m:	4:15.25	31.50
3.	O'CROININ, Emma			03	HPCVN		4:17.74	761	20.00
	50m:	28.90	28.90	150m:	1:33.34	32.16	250m:	2:38.64	32.58
	100m:	1:01.18	32.28	200m:	2:06.06	32.72	300m:	3:11.42	32.78
							350m:	3:44.51	33.09
							400m:	4:17.74	33.23
4.	BEZANSON, Maya			07	ESWIM		4:19.70	744	19.00
	50m:	29.88	29.88	150m:	1:34.60	32.78	250m:	2:40.36	32.90
	100m:	1:01.82	31.94	200m:	2:07.46	32.86	300m:	3:13.55	33.19
							350m:	3:46.72	33.17
							400m:	4:19.70	32.98
5.	STEPANOFF, Paige			09	TSC		4:20.65	736	18.00
	50m:	30.17	30.17	150m:	1:36.36	33.23	250m:	2:43.20	33.46
	100m:	1:03.13	32.96	200m:	2:09.74	33.38	300m:	3:16.54	33.34
							350m:	3:49.22	32.68
							400m:	4:20.65	31.43
6.	ORAVSKY, Laila			07	BTSC		4:21.32	730	17.00
	50m:	30.02	30.02	150m:	1:35.60	32.86	250m:	2:42.76	33.35
	100m:	1:02.74	32.72	200m:	2:09.41	33.81	300m:	3:16.83	34.07
							350m:	3:49.71	32.88
							400m:	4:21.32	31.61
7.	LEIGH, Peyton			08	BROCK		4:21.86	726	16.00
	50m:	29.88	29.88	150m:	1:35.47	32.98	250m:	2:42.61	33.50
	100m:	1:02.49	32.61	200m:	2:09.11	33.64	300m:	3:16.67	34.06
							350m:	3:49.73	33.06
							400m:	4:21.86	32.13
8.	HART, Lydia			06	PCSC		4:25.14	699	15.00
	50m:	29.79	29.79	150m:	1:35.57	33.29	250m:	2:43.47	34.12
	100m:	1:02.28	32.49	200m:	2:09.35	33.78	300m:	3:17.93	34.46
							350m:	3:51.69	33.76
							400m:	4:25.14	33.45
9.	SAVA, Helen Anne			05	RAMAC		4:27.07	684	14.00
	50m:	30.93	30.93	150m:	1:38.43	34.03	250m:	2:46.77	34.25
	100m:	1:04.40	33.47	200m:	2:12.52	34.09	300m:	3:20.91	34.14
							350m:	3:54.61	33.70
							400m:	4:27.07	32.46
10.	TREASURE, Danielle			03	WES		4:27.24	683	13.00
	50m:	30.55	30.55	150m:	1:37.59	33.58	250m:	2:44.85	33.52
	100m:	1:04.01	33.46	200m:	2:11.33	33.74	300m:	3:19.19	34.34
							350m:	3:53.42	34.23
							400m:	4:27.24	33.82
Final B									
11.	THOMAS, Mia			08	ESWIM		4:27.00	685	12.00
	50m:	30.35	30.35	150m:	1:37.62	33.83	250m:	2:46.02	34.11
	100m:	1:03.79	33.44	200m:	2:11.91	34.29	300m:	3:20.48	34.46
							350m:	3:53.90	33.42
							400m:	4:27.00	33.10
12.	BESNER, Kaitlyn			05	PCSC		4:28.27	675	9.00
	50m:	30.40	30.40	150m:	1:37.99	34.05	250m:	2:47.00	34.50
	100m:	1:03.94	33.54	200m:	2:12.50	34.51	300m:	3:21.71	34.71
							350m:	3:55.74	34.03
							400m:	4:28.27	32.53
13.	ER, Melissa			06	ESWIM		4:28.46	674	8.00
	50m:	30.97	30.97	150m:	1:39.29	34.73	250m:	2:48.04	34.12
	100m:	1:04.56	33.59	200m:	2:13.92	34.63	300m:	3:22.70	34.66
							350m:	3:56.50	33.80
							400m:	4:28.46	31.96



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Rank			YB					Time	FinaPts	Score		
14.	BEASSE, Gabrielle		07	CAMO				4:29.10	669	7.00		
	50m:	30.19	30.19	150m:	1:37.80	34.42	250m:	2:47.09	34.47	350m:	3:56.24	34.38
	100m:	1:03.38	33.19	200m:	2:12.62	34.82	300m:	3:21.86	34.77	400m:	4:29.10	32.86
15.	CABEZAS GARZON, Mariana		09	ESWIM				4:29.30	667	6.00		
	50m:	31.43	31.43	150m:	1:39.86	34.69	250m:	2:48.88	34.31	350m:	3:57.09	33.52
	100m:	1:05.17	33.74	200m:	2:14.57	34.71	300m:	3:23.57	34.69	400m:	4:29.30	32.21
16.	VROOM, Taira		07	BTSC				4:29.35	667	5.00		
	50m:	29.71	29.71	150m:	1:36.78	33.94	250m:	2:45.97	34.56	350m:	3:55.60	34.46
	100m:	1:02.84	33.13	200m:	2:11.41	34.63	300m:	3:21.14	35.17	400m:	4:29.35	33.75
17.	KUPCOVA, Sabina		03	AQSLE				4:30.16	661	4.00		
	50m:	30.70	30.70	150m:	1:39.32	34.45	250m:	2:47.96	34.24	350m:	3:57.24	34.57
	100m:	1:04.87	34.17	200m:	2:13.72	34.40	300m:	3:22.67	34.71	400m:	4:30.16	32.92
18.	TOMORY, Zoe		09	LSC				4:32.15	646	3.00		
	50m:	30.71	30.71	150m:	1:38.77	34.60	250m:	2:48.39	34.86	350m:	3:58.50	35.14
	100m:	1:04.17	33.46	200m:	2:13.53	34.76	300m:	3:23.36	34.97	400m:	4:32.15	33.65
19.	TOEWS, Bevin		07	ESWIM				4:33.10	640	2.00		
	50m:	30.57	30.57	150m:	1:39.12	34.63	250m:	2:48.88	34.88	350m:	3:59.19	35.40
	100m:	1:04.49	33.92	200m:	2:14.00	34.88	300m:	3:23.79	34.91	400m:	4:33.10	33.91
20.	LJUCKANOV, Lilian		07	WS				4:34.30	631	1.00		
	50m:	30.38	30.38	150m:	1:38.75	34.91	250m:	2:49.05	35.24	350m:	3:59.61	35.56
	100m:	1:03.84	33.46	200m:	2:13.81	35.06	300m:	3:24.05	35.00	400m:	4:34.30	34.69

