

2024 Speedo Canadian Swimming Open / Omnum Canadian de Natation Speedo 2024
Toronto, Ontario; 10-13 April/Avril

Event 19
12/4/24 - 9:43

Women, 400m Freestyle

Open
Results Prelim

Points: FINA 2024

Rank				YB				Time	FinaPts	Score		
1.	JANSEN, Ella			05	HPCONT			4:12.97	805	- A		
	50m:	28.67	28.67	150m:	1:31.81	31.90	250m:	2:35.96	32.15	350m:	3:40.67	32.38
	100m:	59.91	31.24	200m:	2:03.81	32.00	300m:	3:08.29	32.33	400m:	4:12.97	32.30
2.	ZAVAROS, Mabel			00	MAC			4:16.40	773	- A		
	50m:	29.82	29.82	150m:	1:34.97	32.62	250m:	2:40.34	32.66	350m:	3:45.13	32.37
	100m:	1:02.35	32.53	200m:	2:07.68	32.71	300m:	3:12.76	32.42	400m:	4:16.40	31.27
3.	O'CROININ, Emma			03	HPCVN			4:20.63	736	- A		
	50m:	29.37	29.37	150m:	1:35.32	33.23	250m:	2:41.30	32.90	350m:	3:46.95	32.84
	100m:	1:02.09	32.72	200m:	2:08.40	33.08	300m:	3:14.11	32.81	400m:	4:20.63	33.68
4.	BEZANSON, Maya			07	ESWIM			4:21.77	727	- A		
	50m:	29.90	29.90	150m:	1:35.02	33.00	250m:	2:41.52	33.03	350m:	3:48.25	33.36
	100m:	1:02.02	32.12	200m:	2:08.49	33.47	300m:	3:14.89	33.37	400m:	4:21.77	33.52
5.	ORAVSKY, Laila			07	BTSC			4:22.86	718	- A		
	50m:	30.00	30.00	150m:	1:35.83	33.09	250m:	2:42.76	33.25	350m:	3:50.23	33.43
	100m:	1:02.74	32.74	200m:	2:09.51	33.68	300m:	3:16.80	34.04	400m:	4:22.86	32.63
6.	HART, Lydia			06	PCSC			4:23.29	714	- A		
	50m:	29.76	29.76	150m:	1:35.36	32.88	250m:	2:42.21	33.14	350m:	3:50.09	33.87
	100m:	1:02.48	32.72	200m:	2:09.07	33.71	300m:	3:16.22	34.01	400m:	4:23.29	33.20
7.	LEIGH, Peyton			08	BROCK			4:25.68	695	- A		
	50m:	29.88	29.88	150m:	1:35.89	33.36	250m:	2:43.65	33.93	350m:	3:52.51	34.40
	100m:	1:02.53	32.65	200m:	2:09.72	33.83	300m:	3:18.11	34.46	400m:	4:25.68	33.17
8.	STEPANOFF, Paige			09	TSC			4:26.28	690	- A		
	50m:	30.39	30.39	150m:	1:37.51	33.66	250m:	2:45.45	33.62	350m:	3:53.44	33.90
	100m:	1:03.85	33.46	200m:	2:11.83	34.32	300m:	3:19.54	34.09	400m:	4:26.28	32.84
9.	SAVA, Helen Anne			05	RAMAC			4:26.93	685	- A		
	50m:	30.20	30.20	150m:	1:37.29	33.90	250m:	2:45.56	34.12	350m:	3:53.96	33.94
	100m:	1:03.39	33.19	200m:	2:11.44	34.15	300m:	3:20.02	34.46	400m:	4:26.93	32.97
10.	TREASURE, Danielle			03	WES			4:29.06	669	- ?		
	50m:	31.02	31.02	150m:	1:38.71	33.60	250m:	2:47.05	34.14	350m:	3:55.45	34.08
	100m:	1:05.11	34.09	200m:	2:12.91	34.20	300m:	3:21.37	34.32	400m:	4:29.06	33.61
	ER, Melissa			06	ESWIM			4:29.06	669	- ?		
	50m:	31.05	31.05	150m:	1:39.05	34.74	250m:	2:47.52	33.96	350m:	3:56.21	34.38
	100m:	1:04.31	33.26	200m:	2:13.56	34.51	300m:	3:21.83	34.31	400m:	4:29.06	32.85
12.	HEIN, Anna			02	TSC			4:29.99	662	- B		
	50m:	31.13	31.13	150m:	1:38.35	33.89	250m:	2:47.10	34.45	350m:	3:56.40	34.65
	100m:	1:04.46	33.33	200m:	2:12.65	34.30	300m:	3:21.75	34.65	400m:	4:29.99	33.59
13.	KUPCOVA, Sabina			03	AQSL			4:30.24	660	- B		
	50m:	30.87	30.87	150m:	1:39.16	34.28	250m:	2:47.22	33.81	350m:	3:55.74	34.43
	100m:	1:04.88	34.01	200m:	2:13.41	34.25	300m:	3:21.31	34.09	400m:	4:30.24	34.50
14.	BESNER, Kaitlyn			05	PCSC			4:30.92	655	- B		
	50m:	30.32	30.32	150m:	1:37.96	34.37	250m:	2:48.08	35.15	350m:	3:57.82	34.66
	100m:	1:03.59	33.27	200m:	2:12.93	34.97	300m:	3:23.16	35.08	400m:	4:30.92	33.10



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Rank	YB				Time	FinaPts	Score	
15.	CABEZAS GARZON, Mariana 09 ESWIM				4:31.54	651	- B	
	50m: 31.44	31.44	150m: 1:39.56	34.54	250m: 2:48.81	34.47	350m: 3:58.06	34.14
	100m: 1:05.02	33.58	200m: 2:14.34	34.78	300m: 3:23.92	35.11	400m: 4:31.54	33.48
16.	THOMAS, Mia 08 ESWIM				4:31.61	650	- B	
	50m: 30.01	30.01	150m: 1:37.70	34.35	250m: 2:47.97	35.41	350m: 3:57.82	34.86
	100m: 1:03.35	33.34	200m: 2:12.56	34.86	300m: 3:22.96	34.99	400m: 4:31.61	33.79
17.	BEASSE, Gabrielle 07 CAMO				4:31.71	650	- B	
	50m: 29.96	29.96	150m: 1:36.81	33.90	250m: 2:46.62	35.23	350m: 3:57.41	35.50
	100m: 1:02.91	32.95	200m: 2:11.39	34.58	300m: 3:21.91	35.29	400m: 4:31.71	34.30
18.	VROOM, Taira 07 BTSC				4:31.79	649	- B	
	50m: 30.35	30.35	150m: 1:38.25	34.18	250m: 2:47.63	34.76	350m: 3:58.03	35.03
	100m: 1:04.07	33.72	200m: 2:12.87	34.62	300m: 3:23.00	35.37	400m: 4:31.79	33.76
19.	LJUCKANOV, Lilian 07 WS				4:32.07	647	- B	
	50m: 30.30	30.30	150m: 1:37.69	34.19	250m: 2:47.58	35.04	350m: 3:57.38	35.17
	100m: 1:03.50	33.20	200m: 2:12.54	34.85	300m: 3:22.21	34.63	400m: 4:32.07	34.69
20.	TOMORY, Zoe 09 LSC				4:33.32	638	- B	
	50m: 30.94	30.94	150m: 1:39.04	34.47	250m: 2:49.23	35.42	350m: 3:59.84	35.04
	100m: 1:04.57	33.63	200m: 2:13.81	34.77	300m: 3:24.80	35.57	400m: 4:33.32	33.48
21.	TOEWS, Bevin 07 ESWIM				4:33.34	638	- R	
	50m: 30.85	30.85	150m: 1:39.65	34.79	250m: 2:49.20	34.62	350m: 3:58.88	34.81
	100m: 1:04.86	34.01	200m: 2:14.58	34.93	300m: 3:24.07	34.87	400m: 4:33.34	34.46
22.	MICHAUD, Laurence 07 CNJO				4:33.37	638	- R	
	50m: 31.92	31.92	150m: 1:41.81	34.81	250m: 2:50.57	34.31	350m: 3:59.47	34.32
	100m: 1:07.00	35.08	200m: 2:16.26	34.45	300m: 3:25.15	34.58	400m: 4:33.37	33.90
23.	RATTEE, Zoe 10 TSC				4:33.63	636	-	
	50m: 31.50	31.50	150m: 1:40.25	34.88	250m: 2:49.86	34.63	350m: 3:59.86	35.03
	100m: 1:05.37	33.87	200m: 2:15.23	34.98	300m: 3:24.83	34.97	400m: 4:33.63	33.77
24.	SUN, Victoria 07 MAC				4:33.97	634	-	
	50m: 30.76	30.76	150m: 1:38.48	34.35	250m: 2:48.88	35.42	350m: 3:59.55	35.02
	100m: 1:04.13	33.37	200m: 2:13.46	34.98	300m: 3:24.53	35.65	400m: 4:33.97	34.42
25.	DREGHICI, Jessica 07 CW				4:34.87	627	-	
	50m: 30.54	30.54	150m: 1:38.46	34.59	250m: 2:48.91	35.22	350m: 4:00.27	35.56
	100m: 1:03.87	33.33	200m: 2:13.69	35.23	300m: 3:24.71	35.80	400m: 4:34.87	34.60
26.	DONNELLY, Megan 07 OAK				4:35.24	625	-	
	50m: 30.27	30.27	150m: 1:37.58	34.25	250m: 2:48.54	36.03	350m: 4:00.13	36.04
	100m: 1:03.33	33.06	200m: 2:12.51	34.93	300m: 3:24.09	35.55	400m: 4:35.24	35.11
27.	MARQUIS, Jade 04 SAMAK				4:35.44	624	-	
	50m: 31.66	31.66	150m: 1:40.32	34.42	250m: 2:50.25	34.94	350m: 4:00.80	35.16
	100m: 1:05.90	34.24	200m: 2:15.31	34.99	300m: 3:25.64	35.39	400m: 4:35.44	34.64
28.	WALKER, Chloe 10 USC				4:36.50	616	-	
	50m: 30.27	30.27	150m: 1:38.04	34.24	250m: 2:47.81	35.07	350m: 4:00.05	36.46
	100m: 1:03.80	33.53	200m: 2:12.74	34.70	300m: 3:23.59	35.78	400m: 4:36.50	36.45
29.	LEFSRUD, Reilly 09 PCSC				4:36.61	616	-	
	50m: 31.36	31.36	150m: 1:41.18	35.29	250m: 2:52.27	35.38	350m: 4:02.58	34.80
	100m: 1:05.89	34.53	200m: 2:16.89	35.71	300m: 3:27.78	35.51	400m: 4:36.61	34.03



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Rank	YB				Time	FinaPts	Score	
30.	GREAVES, Elizabeth				4:36.64	615	-	
	50m: 31.61	31.61	150m: 1:40.56	34.64	250m: 2:51.26	35.64	350m: 4:01.90	35.31
	100m: 1:05.92	34.31	200m: 2:15.62	35.06	300m: 3:26.59	35.33	400m: 4:36.64	34.74
31.	HOCEVAR, Natalie				4:38.52	603	-	
	50m: 30.98	30.98	150m: 1:40.26	34.70	250m: 2:50.81	35.68	350m: 4:02.98	36.05
	100m: 1:05.56	34.58	200m: 2:15.13	34.87	300m: 3:26.93	36.12	400m: 4:38.52	35.54
32.	BOILY, Claudia				4:39.05	600	-	
	50m: 31.64	31.64	150m: 1:41.53	35.27	250m: 2:52.87	35.91	350m: 4:04.94	36.13
	100m: 1:06.26	34.62	200m: 2:16.96	35.43	300m: 3:28.81	35.94	400m: 4:39.05	34.11
33.	PHAM-SPICKLER, Alexia				4:39.12	599	-	
	50m: 31.82	31.82	150m: 1:41.34	35.11	250m: 2:52.51	35.57	350m: 4:03.92	35.95
	100m: 1:06.23	34.41	200m: 2:16.94	35.60	300m: 3:27.97	35.46	400m: 4:39.12	35.20
34.	RYAN, Analise				4:44.63	565	-	
	50m: 31.80	31.80	150m: 1:42.87	35.71	250m: 2:55.73	36.69	350m: 4:09.01	36.65
	100m: 1:07.16	35.36	200m: 2:19.04	36.17	300m: 3:32.36	36.63	400m: 4:44.63	35.62
DNS	BROUSSEAU, Julie						-	
			06	NKB				

